

☆ *Michelle Rae School of Dance* ☆

☆ *2025 Information* ☆

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CLASS LOCATION

Hall 3 and 4, Monash District Performing Arts Centre, **Fairway Avenue**, MOUNT WAVERLEY.

The end of Fairway Avenue.

All parents/carers to park in the carpark please not in front of studios.

ABOUT US

Michelle Rae School of Dance has been established in Waverley for over 45 years!

Catering for Beginner to Pre-Professional, all ages! Classes offered include Jazz, Tap, Classical Ballet, Lyrical, Contemporary, Broadway Jazz, VCE Dance, Acrobatics and Hip Hop.

We offer Safe Dance techniques, catering for dance as an enjoyable hobby or leading on to dance and dance related careers, all in a fun and friendly environment.

All teaching staff are experienced and qualified.

State Dance Association Exam Syllabus is offered as well as many other performance opportunities.

Dance classes enhance the emotional and physical development, promotes musical appreciation, creativity, postural and body awareness and alignment, and self-confidence. When well taught, dance provides a good foundation for any form of physical activity and in fact for life itself.

2025 TERM DATES

Term 1: Saturday 1st February to Saturday 5th April

Term 2: Tuesday 22nd April to Saturday 5th July

Term 3: Saturday 19th July to Saturday 20th September

Term 4: Saturday 4th October to 2025 Performances

FEES

Fees are to be paid strictly in advance for each term. The first class for new students is FREE.

A \$25.00 bookkeeping fee will be charged if payments are not made within 30 days. To maintain the students place in class, there are NO refunds or credits for missed classes. However, missed classes may be made up at alternate times. Please refer to the timetable.

Fees are invoiced by the term, and can be paid by cash or direct deposit.

UNIFORM

Uniforms must be worn to all classes in the interests of safe dance and technique.

Hair must be in a bun for Classical and a bun or ponytail for other classes.

No jewellery or watches to be worn in class.

Uniform is not essential for new students immediately, however please refer to the uniform list prior to purchasing items.

TINIES, JUNIORS, PRE-INTERS & INTERS:

JAZZ	 Black singlet top Nylon lycra leotard Debut Charlotte (DCL04) OR Charlotte (CL04)	 Ballet pink full circle skirt Emily Skirt (CS17)	 Classic footed dance tights BEIGE (CT27)	 Revelation (BSC07) or Annabelle (BSC03) leather pink ballet shoes. Full sole, one elastic strap
TAP	 Black singlet top Nylon lycra leotard Debut Charlotte (DCL04) OR Charlotte (CL04)	 Ballet pink full circle skirt Emily Skirt (CS17)	 Classic footed dance tights BEIGE (CT27)	 Debut BLACK tap shoes with one strap, low heel (TSC06)
CLASSICAL BALLET	 Black singlet top Nylon lycra leotard Debut Charlotte (DCL04) OR Charlotte (CL04)	 Ballet pink full circle skirt Emily Skirt (CS17)	 Classic footed dance tights BEIGE (CT27)	 Revelation (BSC07) or Annabelle (BSC03) leather pink ballet shoes. Full sole, one elastic strap
HIP HOP & ACROBATICS	 Black singlet top Nylon lycra leotard Debut Charlotte (DCL04) OR Charlotte (CL04)	 Black bike shorts or black leggings		Own lace up sneakers
LYRICAL & CONTEMPORARY	 Black singlet top Nylon lycra leotard Debut Charlotte (DCL04) OR Charlotte (CL04)	 Ballet pink full circle skirt Emily Skirt (CS17)	 Classic footed dance tights BEIGE (CT27)	 Revelation (BSC07) or Annabelle (BSC03) leather pink ballet shoes. Full sole, one elastic strap
BOYS ALL STYLES				 Black dance shoes for the appropriate dance style

Michelle Rae cross overs, windcheaters and vests are available to purchase from the studio for colder months

UNIFORM SUPPLIERS

Energetiks Dance Wear

Bloch Dancewear

PRE-SENIORS, SENIORS & ADVANCED:

<p>JAZZ</p>	 Black singlet top Nylon lycra leotard Charlotte (AL04)	 Mock wrap style BLACK skirt Audrey Skirt (AS27)	 Classic footed dance tights BEIGE (AT27)	 BLACK slip on jazz boot. No laces
<p>TAP</p>	 Black singlet top Nylon lycra leotard Charlotte (AL04)	 Mock wrap style BLACK skirt Audrey Skirt (AS27)	 Classic footed dance tights BEIGE (AT27)	 BLACK Cuban heel tap shoes. One strap
<p>CLASSICAL BALLET</p>	 Black singlet top Nylon lycra leotard Charlotte (AL04)	 Mock wrap style BLACK skirt Audrey Skirt (AS27)	 Classic footed dance tights BEIGE (AT27) AND SALMON PINK (AT27)	 Pink leather ballet shoes. Split sole, one elastic strap
<p>HIP HOP & ACROBATICS</p>	 Black singlet top Nylon lycra leotard Charlotte (AL04)	 Black bike shorts or black leggings		Own lace up sneakers
<p>LYRICAL & CONTEMPORARY</p>	 Black singlet top Nylon lycra leotard Charlotte (AL04)	 Black bike shorts	Convertible or stirrup BEIGE dance tights	
<p>BOYS/MEN ALL STYLES</p>	 	 		 Black dance shoes for the appropriate dance style

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 Bloch Dancewear

GENERAL NOTES

- In the interests of safety please ensure students are dressed correctly and hairstyles adhered to.
- New student's parents/carers may observe the first class only.
- At the commencement and completion of each class, students will be collected from and returned to the Michelle Rae flag. Michelle Rae staff cannot be responsible for their whereabouts outside the studio. Please do not enter the class whilst classes are in progress (before, during or after).
- Examinations are conducted with the State Dance Association (Jazz, Tap & Classical Ballet). These are not compulsory, however are most beneficial to students progress.
- It is expected that all students will participate in all end of year performances and compulsory rehearsals.
- Mobile phones are not to be used during class. Michelle Rae School of Dance accepts no responsibility for replacing lost, stolen or damaged mobile phones, electronic devices or accessories.

Classroom Guidelines and Policies

Students & Teachers of Michelle Rae School of Dance are expected to conduct themselves with a sense of pride, self-discipline and a strong commitment to dance. The following procedures allow us to give our students full attention during class time. They apply to all dancers and we appreciate your cooperation.

Punctuality:

All classes commence and end on time. Students should arrive at least 10 minutes prior to class commencement time and must enter the classroom with their outer wear removed and dance shoes on. Students' punctuality ensures they are well warmed up, which is necessary to avoid injury whilst dancing.

Appearance:

Neat presentation is part of the tradition of dance, and we expect students to be neat and tidy for all classes. Dance students make their best progress when their teachers can see their form well and when students are not distracted or restricted by floppy or ill-fitting clothing. Please refer to our uniform details on page 2 & 3.

Etiquette:

Students should:

- have a positive attitude and tone at all times in the studio and foyer
- be respectful and courteous toward teachers and fellow dancers. Bullying of any kind is not acceptable
- not consume chewing gum or food in class
- bring with them a drink bottle containing water (not fruit juice or cordial)
- turn off mobile phones before entering the classroom

Commitment:

When a student enrolls with Michelle Rae School of Dance, the expectation is that the student undertakes classes for the full year and participates in the end of year performances. However, if a student cannot participate in BOTH performances, advice must be given to Miss Michelle at time of enrolment or at least before Term 2 concludes.

Child Safe policy

Under the *Child Safety and Wellbeing Act*, Victorian organisations that provide services to children are required to implement compulsory child safe standards to protect children from harm.

Michelle Rae School of Dance (MRSD) has written a Child Safe Policy to demonstrate the strong commitment of the principal and staff to child safety and the policies and practices developed to keep everyone safe from any harm, including abuse.

This document demonstrates MRSD is compliant with Child Safe Policies & procedures. For more information, see A Guide for Creating a Child-safe Organisation produced by the Commission for Children and Young People (CCYP) available at www.ccyp.vic.gov.au

Commitment to child safety

Michelle Rae School of Dance (MRSD) is a Child Safe organisation. As a school we are committed to and focused on providing a safe community for all students and family members at all times. We want our students to feel safe, supported, respected, happy, empowered and have fun.

The welfare of the children in our care will always be our first priority and we have a zero tolerance to child abuse. This policy effective 1 January 2017, demonstrates the strong commitment of the Principal and staff to child safety and provides the policies and practices developed to keep everyone safe from any harm, including abuse. It applies to all staff, volunteers, children and individuals involved in our school.

Children's rights to safety and participation

MRSD staff encourage children to express their views. We listen to their suggestions, especially on matters that directly affect them. We actively encourage all children to 'have a say' about things that are important to them.

We teach children about what they can do if they feel unsafe. We listen to and act on any concerns children, or their parents/carers, raise with us.

Valuing diversity

We value diversity and do not tolerate any discriminatory practices. To achieve this we:

- promote the cultural safety, participation and empowerment of Aboriginal children and their families
- promote the cultural safety, participation and empowerment of children from culturally and/or linguistically diverse backgrounds and their families
- welcome children with a disability and their families and act to promote their participation
- seek appropriate staff from diverse cultural backgrounds.

Reporting a child safety concern or complaint

All MRSD teachers, students and families are supported to raise any concerns or complaints regarding any risks to a child's safety or any signs of abuse.

All concerns or complaints should be made directly to Miss Michelle and will be resolved as soon as possible. Support will be offered to all people involved.

Please remember that if you believe a child is at immediate risk to call 000 as soon as possible.

Our teaching staff commitment to child safety

Please know that all of our MRSD teachers understand our child safety policy and are as passionate about providing a safe and fun environment for all students, where each and every student in their class feels supported and empowered.

MRSD applies the best practice standards in the recruitment and screening of staff. We interview and conduct referee checks on all staff and require current Working with Children Checks for all positions. Our commitment to Child Safety and our screening requirements are included in all advertisements.

All MRSD students and families must let Miss Michelle know immediately if they have any concerns regarding a teacher. If a teacher has breached their code of conduct or is behaving inappropriately, we will handle it immediately.

Teacher's Code of Conduct

This Code of Conduct outlines appropriate standards of behaviour by adults towards children. The Code of Conduct aims to protect children and reduce any opportunities for abuse or harm to occur. It also helps staff and volunteers by providing them with guidance on how to best support children and how to avoid or better manage difficult situations. All staff and volunteers are required to comply.

All MRSD staff and volunteers are responsible for promoting the safety and wellbeing of children and young people by:

- adhering to our Child Safe Policy, and other policies
- taking all reasonable steps to protect children from abuse
- treating everyone with respect, including listening to and valuing their ideas and opinions
- welcoming all children and their families and carers and being inclusive
- respecting cultural, religious and political differences and acting in a culturally sensitive way
- modelling appropriate adult behaviour
- listening to children and responding to them appropriately
- reporting and acting on any breaches of this Code of Conduct, complaints or concerns
- complying with our guidelines on physical contact with children
- working with children in an open and transparent way – other adults should always know about the work you are doing with children
- respecting the privacy of children and their families, and only disclosing information to people who have a need to know.

MRSD staff and volunteers must NOT:

- seek to use children in any way to meet the needs of adults
- ignore or disregard any concerns, suspicions or disclosures of child abuse
- use prejudice, oppressive behaviour or language with children
- engage in rough physical games
- discriminate on the basis of age, gender, race, culture, vulnerability or sexuality
- initiate unnecessary physical contact with children or do things of a personal nature that children can do for themselves, such as toileting or changing clothes
- develop 'special' relationships with specific children or show favouritism through the provision of gifts or inappropriate attention
- exchange personal contact details such as phone number, social networking site or email addresses with children
- have unauthorised contact with children and young people online or by phone.

Reviewing this policy

This policy will be reviewed every two years and we undertake to seek views, comments and suggestions from students, parents, carers and staff.